

# LITTLEJOHN LAW, LLC

**“BUILD IT, PROTECT IT, AND PRESERVE IT”**

A MONTHLY NEWSLETTER FOR AWESOME CLIENTS LIKE YOU!

December 2017 Volume 3 Issue 7



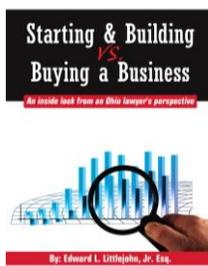
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*Our Goal is to Help Everyone Make Great Decisions about their Legal Issues.*

Visit [www.elittlejohnlaw.com](http://www.elittlejohnlaw.com) for our Free E-books and Free Resources addressing your Real Estate, Business, and Estate Planning concerns.

### Small Biz Guide!



Get your Guide Today!

## HAPPY HOLIDAYS!



Edward, Kellee, Kyzlee and the Littlejohn Law Team would like to wish you and your family a Merry Christmas and a Happy & Prosperous New Year. It is our hope that you are surrounded by love and laughter this Holiday Season and throughout the New Year!

I hope you and your family had a great Thanksgiving. This was an exciting Thanksgiving for me and my family as it was Kyzlee’s first Thanksgiving. She was excited and happy to see and meet some family for the first time. And we can’t wait for Christmas!

This time of year is always filled with over-eating and catching up with old friends and family that we don’t get to see too often. Be sure to take some time to be thankful for the many blessings that you have in your life. The time always goes fast, but we must be sure to cherish the moments that we have together. And as I always say when I’m with my good friends “we’re not here for a long time, we’re here for a good time.”



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***“We’re not here for a long time, we’re here for a Good Time.” – Edward Littlejohn Jr.***

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## Tip of the Month – How to Relax During the Holiday Season!

You might be surprised, but many people report increased stress during the holidays due to extra obligations, financial pressure, and family drama. This year try and focus on what makes you happy and relaxed. Here's a few tips to help you relax.

1. Learn to control your breathing – it's the best and simplest way to calm your nerves.
2. Exercise it helps decrease muscle tension.
3. Spend time in Nature -it can help reduce stress and boost your mood.
4. Participate in Activities You Enjoy
5. Stay Positive
6. Take a Break or Meditate – a few minutes of quiet time does wonders.
7. Live in the Present – turn your racing mind off and focus on the task at hand.
8. Nurture Yourself – go for a massage, hot bath, or a quick walk to ease tension.
9. Be Grateful – focus on what you're grateful for, like the things you do have.
10. Use Visualization – imagine yourself sitting on the beach or in a cozy place and visualize your perfect holiday.

I know you can't do it all, but try and relax this Holiday Season. You owe it to yourself!

## RECIPE OF THE MONTH – ORANGE GINGER CHILE GLAZED CARROTS

### INGREDIENTS:

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| <ul style="list-style-type: none"> <li>• 26 small-to-medium carrots with tops (about 1 3/4 lb.)</li> <li>• 2 tablespoons olive oil</li> <li>• 1 teaspoon kosher salt</li> <li>• 1 teaspoon ground cumin</li> <li>• 1/2 cup orange marmalade</li> <li>• 1/2 cup fresh orange juice</li> <li>• 1 teaspoon ground ginger</li> </ul> | <ul style="list-style-type: none"> <li>• 1/4 teaspoon dried crushed red pepper</li> <li>• 1 teaspoon minced fresh rosemary leaves (optional)</li> <li>• Freshly ground black pepper</li> </ul> |
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### DIRECTIONS:

- Preheat oven to 475°. Cut tops from carrots, leaving 1 inch of greenery on each. Use a vegetable peeler to peel outer layer of tops. Peel carrots, if desired. Toss together carrots and oil in a large bowl. Sprinkle with salt and cumin. Spread carrots in a single layer in an aluminum foil-lined jelly-roll pan; bake 25 minutes or just until carrots are tender and browned.
- Meanwhile, bring marmalade and next 3 ingredients to a boil in a small saucepan over medium heat. Boil, stirring often, 4 to 6 minutes or until thickened. Stir in rosemary, if desired.
- Transfer carrots to a large serving bowl; add marmalade mixture, and toss to coat. Season to taste with pepper. Serve hot or at room temperature. This is the perfect side dish for your Christmas parties.

## WHAT'S NEW WITH ME AND MY OWN

It's been a busy month for us running around, serving clients, and making things better for our community. We hosted our Estate Planning Seminar perfect for people ready to get their affairs in order. If you didn't get a chance to attend and are worried about the rising costs of Long

Term Care and don't want to lose your hard-earned assets to the Medicaid Monster, then feel free to give us a call and we'll send you our Free Guide titled "*The Consumer Guide to Medicaid Planning in Ohio... using the system to protect your assets legally.*"



Edward was asked to speak to the Greater Akron Business Summit. He was one of five presenters. The purpose of the Summit was to inspire and connect the small business community, by providing resources with the goal of helping small businesses develop, improve, and grow. The Summit was a great opportunity to meet and discuss business related issues with other small business owners. If you're thinking about starting a small business or have business related question be sure to give us a call. Edward loves learning and sharing business related ideas. We also have a brand-new, hot off the press guide titled "*Starting & Building vs. Buying a Business,*" which is an inside look at both options.



Edward receiving a plague along with the other presenters.

Edward, his mom, brother and other members from the Academy of Tae Kwon Do Karate School spent Thanksgiving morning organizing, preparing, and cooking the food to serve to members of the Jefferson County Community at the Salvation Army. All in all they served over 900 meals to needy families in our Community... Great Work!



## CALENDAR OF EVENTS – UPCOMING LJ LAW VIP EVENTS

December 13<sup>th</sup> 2017 at 2:00pm –End of Year Tax Savings Tips – Teleconference Dial in Number 267-930-4000 (Access Code is 754.406.414).

January 10<sup>th</sup> 2017 at 5:00 pm – Buying a Business vs. Starting a Business Small Biz Seminar – Perfect for those who are new to business and looking to avoid pitfalls.

*If you see a seminar that's interesting for you or your family be sure to pre-register by calling 740.314.4829.*

## Christmas Lights and Decorations Contest!

**We're looking for the most decorative and beautiful display of lights. Each year Cassandra and her family try and add more christmas lights to their display. Last year, they had over 500 lights displayed.**

**Kellee will be excited because Edward loves winning so now he will go out and get tons of lights and decorations for her and Kyzlee.**

**BE SURE TO SEND IN YOUR CHRISTMAS LIGHTS AND DECORATIONS! WE WILL BE ANNOUNCING THE WINNER OF THE BEST CHRISTMAS DECORATION. PLEASE TEXT PICTURES TO 740.346.2899.**

## CONTACT INFO & ADMINISTRATIVE ANNOUNCEMENTS

#1 We're updating our Invoice and Billing Procedures so that you can better predict your legal fees. Beginning November 1, 2017, we will be instituting bi-monthly invoicing to all clients. Also, we will be adding an online Client Portal so that you can access your case and send us information.

#2 Our promise to you is that while we are working on your case, we don't take inbound phone calls or emails.

**Edward and Jeff take no inbound unscheduled phone calls, unless it's an emergency.** It makes him much more productive and helps get your case resolved faster. You can always call the office at 740.346.2899 and schedule an in-person or phone appointment, usually within 24-48 hours. This is a lot better than the endless game of "phone tag" played by most businesses today. Remember, too, that email is "quick," but is checked no more than twice a day. Replies are then scheduled into the calendar. So, if it's really important, don't email – call the office instead.

#3 Referrals are much appreciated and welcomed. If you know anyone who might benefit from our services, please pass along their name and we'll get our Free Resources out to them immediately. We would be grateful for the opportunity to work with some of your friends, co-workers, colleagues, and associates. And we promise to give them the special care and attention they deserve.

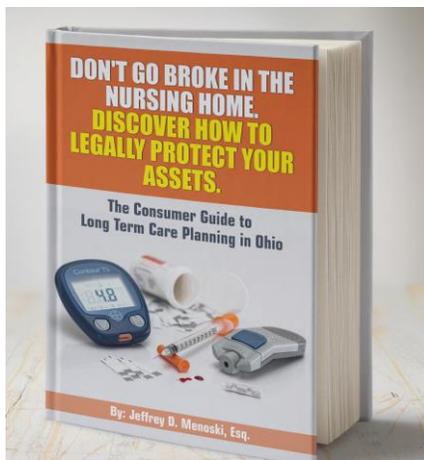
#4 This newsletter is for informational purposes only and no legal advice is intended. Be sure to consult with this law firm if you have a specific question about your situation.

I sincerely hope that you enjoy reading this as much as I enjoyed writing it.

Yours Truly,

*Edward L. Littlejohn, Jr.*

Edward L. Littlejohn, Jr.



Check us out at [www.elittlejohnlaw.com](http://www.elittlejohnlaw.com). If you know anyone who may be in need of legal advice feel free to give them our telephone number or visit our website to get their legal questions answered.

740.314.4829

**Littlejohn Law, LLC**

## *Inside this Issue ...*

- *Topic of the Month How to Stay Calm during the Holiday Season.*
- *Recipe of the Month Yummy Carrots*
- *And more ...*

*Happy Birthday to all the December Birthdays!*

*Enjoy your special day!*

**LITTLEJOHN LAW, LLC**

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